

Lect. SİMGE SİPAHİ

Personal Information

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Education Information

Doctorate, Acibadem Mehmet Ali Aydınlar University, Graduate School Of Health Sciences, Department Of Nutrition And Dietetics, Turkey 2019 - Continues

Postgraduate, Istanbul Bilgi University, Graduate Education, Training And Research Institute, Beslenme Ve Diyetetik (YI) (Tezli), Turkey 2016 - 2019

Undergraduate, Istanbul Bilgi University, Faculty Of Health Sciences, Department Of Nutrition And Dietetics, Turkey 2012 - 2016

Foreign Languages

Italian, A2 Elementary

English, C1 Advanced

French, B2 Upper Intermediate

Dissertations

Postgraduate, Sosyal Medyadaki Beslenme İle İlgili Haber ve Paylaşımların Yetişkin Bireylerin Yeme Tutum ve Davranışlarına Etkisi, Istanbul Bilgi University, Graduate Education, Training And Research Institute, 2019

Research Areas

Nutrition and Dietetics

Academic Titles / Tasks

Lecturer, Acibadem Mehmet Ali Aydınlar University, Faculty Of Health Sciences, Nutrition And Dietetics, 2021 - Continues
Research Assistant, Acibadem Mehmet Ali Aydınlar University, Faculty Of Health Sciences, Nutrition And Dietetics, 2020 - 2021

Lecturer, Istanbul Bilgi University, Faculty Of Health Sciences, Department Of Nutrition And Dietetics, 2020 - 2020

Research Assistant, Istanbul Bilgi University, Faculty Of Health Sciences, Department Of Nutrition And Dietetics, 2018 - 2020

Courses

Principles of Food, Preparation and Cooking Practices II, Undergraduate, 2022 - 2023

Sağlıklı Yaşam İçin Beslenme, Undergraduate, 2022 - 2023, 2021 - 2022
Nutritional Anthropology, Undergraduate, 2022 - 2023, 2021 - 2022
Principles of Nutrition II, Undergraduate, 2022 - 2023
Principles of Food, Preparation and Cooking Techniques I, Undergraduate, 2022 - 2023
Medyada Beslenme ve Sağlık İletişimi, Undergraduate, 2022 - 2023
Principles of Nutrition and Practices II, Undergraduate, 2021 - 2022
Principles of Nutrition I, Undergraduate, 2022 - 2023
Principles of Nutrition and Practices I, Undergraduate, 2021 - 2022

Articles Published in Other Journals

I. Effects of Nutrition Related Social Media Shares on Adults' Eating Attitudes and Behaviors

Sipahi S., Demirel B.

Beslenme ve Diyet Dergisi, vol.49, no.1, pp.57-66, 2021 (Peer-Reviewed Journal)

Books & Book Chapters

I. Besin Öğeleri Genetikten Nasıl Etkilenir?

Sipahi S.

in: Nutrigenetik: Kişisel Beslenme Bilimini Uygulamak, Prof. Dr. Murat Baş, Doç. Dr. Esen Karaca, Editor, Akademisyen Yayınevi Kitabevi, Ankara, pp.103-221, 2023

II. Yeme Alışkanlıkları

Sipahi S.

in: İnsanda Beslenme Esasları, Fatma Çelik, Meltem Soylu, Editor, Nobel Tıp Kitabevi, Ankara, pp.565-571, 2023

III. Radyoterapi Alan Hastalarda Beslenme Durumunun Taranması ve Değerlendirilmesi

Demirel B., Sipahi S.

in: Radyasyon Onkolojisinde Nütrisyonel Konular, Atasoy B, Demirel B, Editor, Türkiye Klinikleri Yayınevi, Ankara, pp.31-36, 2022

IV. Popüler Diyetler ve Sağlık

Sipahi S.

in: Beslenme, Diyet ve Sağlık, Gizem Köse, Editor, Eğitim Kitabevi, Konya, pp.385-407, 2021

Refereed Congress / Symposium Publications in Proceedings

I. What Do University Students Know about Sustainable Nutrition?

Bahçekapılı D., Şahin C., Anlaş D., Karaca Çelik E., Kose G., Sipahi S., Zırtıl C.
WOCOLS 2020 E-CONFERENCE, 19 - 21 October 2021, pp.13-21

II. Gestasyonel Diyabette Tıbbi Beslenme Tedavisinin İnsülin Kullanımını Önlemedeki Etkisi

KÖSE G., YILDIRIM E., ZİRTİL C., SİPAHİ S.

5. ULUSLARARASI BESLENME OBEZİTE VE TOPLUM SAĞLIĞI KONGRESİ, İstanbul, Turkey, 19 May 2021, pp.404-411

III. Ketojenik Diyetin Depresyon Üzerine Etkisi

Sipahi S.

4. Uluslararası Beslenme Obezite ve Toplum Sağlığı Kongresi, 24 - 25 December 2020, pp.431-437

Memberships / Tasks in Scientific Organizations

Türkiye Diyetisyenler Derneği, Member, 2021 - Continues, Turkey

Metrics

Publication: 8

H-Index (WoS): 1

Congress and Symposium Activities

3rd World Conference on Sustainable Life Sciences (WOCOLS), Attendee, Kayseri, Turkey, 2021

10. Ulusal Sağlıklı Yaşam Kongresi, Audience, İstanbul, Turkey, 2021